CTF Setup & Tooling

Configuration of a CTF Environment for Windows & Linux

>_ DEV v1.3-RC1

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LosFuzzys Beginner Trainings

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ls.ecomaikgolf.com/slides/ctfsetup.pdf

About

Why CTF Setup & Tooling? What's all this about?

Solving Capture The Flag challenges usually require a specialized toolset

pwn	rev	crypto	stego	misc
pwntools	ghidra	sagemath	*-stego	-/_(シ)_/-

Each of us have our own customized CTF setup 🥰 which we are used to

■ Each of us think his setup is the best one

In this presentation we want to show how to get started p with the tools &

- 2 In an interactive way (if people want)
- Keeping the slides as a reference for future (keep the link!)

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 - ▼ Different Options & Choices
- **₩** Windows

 - ➤ Ubuntu 22.04
 - **₽** Checkpoint

Linux (preferred)

- P Checkpoint
- ▼ Rootless Podman
- **∨** Distrobox
- ✔ BlackArch
- **∨** Tools

Introduction

Toolbox

Which tools do I need for a CTF? How do I install them?

PRECONFIGURED Advantages: Most of the tools bundled Quick setup **Disadvantages** Unconvenient (no host distro).

SELF MADE

Advantages:

- Manual installation of tools
- Customization

Disadvantages:

Installation Errors





Running Mechanisms

• How do I run the tools? Where do I execute my environment?

HOST MACHINE

Advantages:

- Resource Sharing
- Speed
- No folder sharing

Disadvantages:

- Esoteric Software
- System Breakage

口: VIRTUALIZED

Advantages:

- Secure
- Separate Enviroment
- Snapshots

Disadvantages:

- Performance
- Resource Sharing

Advantages:

- Resource Sharing
- Separate Enviroment
- Snapshots

Disadvantages:

Complexity

Runs directly on your computer

Your computer emulates another computer

Your kernel emulates another userspace

This Presentation

What are we going to learn in this presentation?



- Good Integration
- Better than a VM
- ◆ X11 GUI support

Disadvantages:

Stability

CONTAINERIZED

Advantages:

- Good Integration
- Separate Enviroment
- Resilience

Disadvantages:

Complexity

PRECONFIGURED

Advantages:

- Beginner Friendly
- Easy to reinstall
- No tinkering

Disadvantages:

Simplicity

Windows

- Very important step, required for running virtual machines
- Go into the BIOS/UEFI and enable everything named as:
 - ➤ Intel(R) Virtualization Technology
 - Virtualization Technology
 - **>** ∨T-x
 - > VT-d (Directed I/O)
- Confused? Ask a Fuzzy!
- Will this break my PC? No, and you (probably) will need it for your courses

Advanced Processor Configur	ation	Item Specific Help	
CPU Mismatch Detection:	[Enabled]	When enabled, a UMM	
Core Multi-Processing:	[Enabled]	(Virtual Machine	
Processor Power Management:	[Disabled]	Monitor) can utilize	
Intel(R) Virtualization Technolog		the additional hardware	
Execute Disable Bit:	[Enabled]	capabilities provided by Vanderpool	
Adjacent Cache Line Prefetch:	[Disabled]	Technology.	
Hardware Prefetch:	[Disabled]		
Direct Cache Access	[Disabled]	If this option is changed, a Power Off-O sequence will be	
Set Max Ext CPUID = 3	[Disabled]	applied on the next boot.	
Set Max Ext CPUID = 3	[Disabled]	applied on the next	





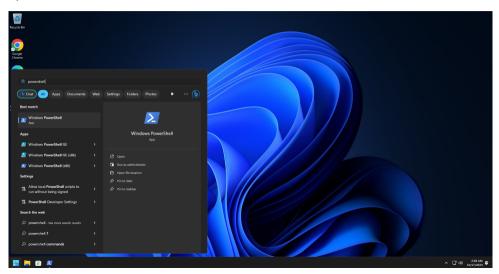
Enable Windows Virtualization

- Open "Windows Features" and enable:
 - > Virtual Machine Platform
 - Windows Hypervisor Platform
 - > Windows Subsystem for Linux



Install WSL2

>_ Open Poweshell



Install WSL2

Introduce the following commands in powershell

```
✓ Install Windows Subsystem for Linux

1 wsl --set-default-version 2

2 wsl --install
```

▲ Update the WSL2 Kernel (if requested) from https://wslstorestorage.blob.core.windows.net/wslblob/wsl_update_x64.msi



Post Installation

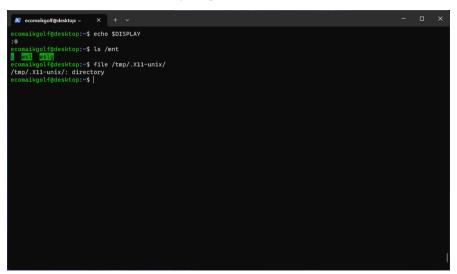
- ⚠ After the installation, you should get dropped to a WSL2 shell
- ▶ Now let's install the required minimum software
- 1 sudo apt update && sudo apt upgrade
 2 sudo apt install xorg mesa-utils
- Finally, let's run a sanity check



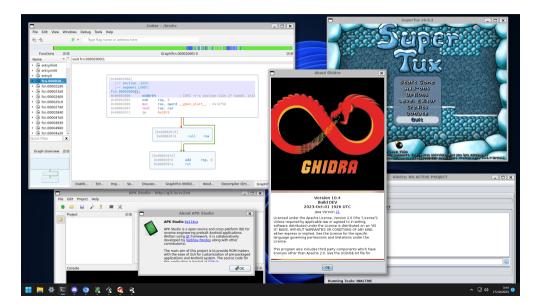


Additional Sanity Checks

• If it doesn't work, check that everything is correct:



Sneak Peek Final Setup



Sneak Peek Final Setup



https://wallhaven.cc/w/135w7w

Linux

Install Rootless Podman & Distrobox

Introduce the following commands in bash:

✓ Install Rootless Podman 1 sudo apt install podman slirp4netns fuse-overlayfs 2 sudo usermod --add-subuids 100000-165535 --add-subgids 100000-165535 <USERNAME>

Podman is a container engine like docker

```
# Install Distrobox

1 # Ubuntu 22.04
2 curl -s https://raw.githubusercontent.com/89luca89/distrobox/main/install | sudo sh
3 # Ubuntu 23.10
4 sudo apt install distrobox

# Ubuntu 23.10
# Ubuntu 24.10
# Ubuntu 25.10
# Ubuntu
```

1 Distrobox is a wrapper over Podman/Docker to make interaction easier

Install a Linux Distribution

Install a distribution which comes prepared for a CTF

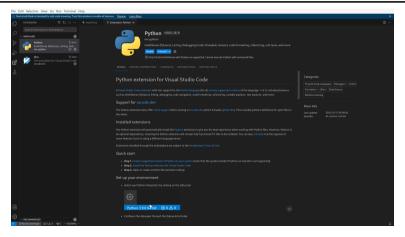
BlackArch distrobox create -i docker.io/blackarchlinux/blackarch:latest --name ctf distrobox enter ctf sudo pacman-key --init && sudo pacman-key --populate

BlackArch is based on ArchLinux



• Kali Linux is based on Debian Testing

1 sudo pacman -S vscode 2 code exploit.py



Install pwntools

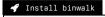
1 sudo pacman -S python-pwntools

>_ pwn version

[*] Pwntools v4.11.0

>_ python

```
Python 3.11.5 (main, Sep 2 2023, 14:16:33) [GCC 13.2.1 20230801] on linux
Type "help". "copyright". "credits" or "license" for more information.
>>> import pwn
>>> pwn.
Display all 321 possibilities? (v or n)
pwn. AppendedArgument (
                                 nwn.atexit
                                                                  pwn.default style
pwn.BitPolvnom(
                                 nwn.attach(
                                                                  pwn.defaultdict(
pwn.Buffer(
                                 pwn. b64d(
                                                                  pwn.depends on cycle(
pwn.BvtesIO(
                                 pwn.b64e(
                                                                  pwn.dirents(
pwn.Core(
                                 pwn.base64
                                                                  pwn.disasm(
pwn.Coredump(
                                 pwn.binarv ip(
                                                                  pwn.division
pwn.Corefile(
                                 pwn.binascii
                                                                  pwn.dvnelf
pwn.DynELF(
                                 pwn.bits(
                                                                  pwn.elf
pwn.ELF(
                                 own.bits str(
                                                                  pwn.encode(
```



1 sudo pacman -S binwalk

>_ binwalk /bin/ls

DECIMAL HEXADECIMAL DESCRIPTION 0 0x0 ELF, 64-bit LSB shared object, AMD x86-64, version 1 (SYSV) 100461 0x1886D Copyright string: "Copyright (C) 1996-2023 Free Software Foundation, Inc." 100616 0x18908 Copyright string: "copyright notice and this notice are preserved." 106527 0x1A01F Unix path: /usr/share/locale 119072 0x1D120 Copyright string: "Copyright %s %d Free Software Foundation, Inc."	-	/_ Diliwalk / Dili/13				
100461 0x1886D Copyright string: "Copyright (C) 1996-2023 Free Software Foundation, Inc." 100616 0x18908 Copyright string: "copyright notice and this notice are preserved." 106527 0x1A01F Unix path: /usr/share/locale		DECIMAL	HEXADECIMAL	DESCRIPTION		
		100461 100616 106527	0x1886D 0x18908 0x1A01F	Copyright string: "Copyright (C) 1996-2023 Free Software Foundation, Inc." Copyright string: "copyright notice and this notice are preserved." Unix path: /usr/share/locale		

💞 Install yay package manager

1 pacman -S --needed git base-devel
2 git clone https://aur.archlinux.org/yay-bin.git
3 cd yay-bin
4 makepka -si

>_ yay stego

6 blackarch/stepic 0.4-2 (14.0 KiB 47.7 KiB) [blackarch blackarch-stego]
A python image steganography tool.
5 blackarch/stegseek 104.ff677b9-1 (120.5 KiB 302.0 KiB) [blackarch blackarch-stego]
Lightning fast steghide cracker.
4 blackarch/steghide 0.5.1-10 (162.0 KiB 493.2 KiB) [blackarch blackarch-stego blackarch-anti-forensic]
Embeds a message in a file by replacing some of the least significant bits.
3 blackarch/stegsolve 1.3-1 (57.8 KiB 305.0 KiB) [blackarch blackarch-stego]
Steganography Solver.
2 blackarch/stegolego 8.85354f6-3 (6.1 KiB 39.0 KiB) [blackarch blackarch-stego]
Simple program for using stegonography to hide data within BMP images.
1 blackarch/stegosip 11.5cda6d6-1 (40.6 KiB 76.1 KiB) [blackarch blackarch-tunnel blackarch-networking blackarch-stego]
TCP tunnel over RTP/SIP.
==> Packages to install (eg: 1 2 3, 1-3 or ^4)
==>

Reference

Create BlackArch CTF Container

- 1 distrobox create --image docker.io/blackarchlinux/blackarch:latest --name ctf
- 2 distrobox enter ctf
- 3 sudo pacman-key --init && sudo pacman-key --populate

- 1 distrobox create --image docker.io/kalilinux/kali-rolling:latest --name ctf
- 2 distrobox enter ctf
- 3 sudo apt update && sudo apt upgrade

✓ Exit Container

- 1 exit # o
- 2 Ctrl+D # or

∢ Stop Container

1 distrobox stop <name>

✓ Remove Container

- 1 distrobox rm <name>
- 2 distrobox rm --rm-home <name> # + \$HOME if != HOST

List Containers

1 distrobox list

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